

HEALTH AND WELLNESS COACHING, POST- BACCALAUREATE CERTIFICATE

The post-baccalaureate certificate in Health and Wellness Coaching prepares students for effective professional practice and the eligibility to apply for a national certifying exam to become a certified health and wellness coach.

Bachelor's degree.

Certificate Program Requirements

Required: 9 credit hours

Students complete at least 9 credit hours during a 2-year period of time to earn the certificate, but can be sequenced for completion in two semesters (fall/spring). Academic credit generated in the certificate program may be used to meet requirements in another graduate degree program in accordance with the policies of the Graduate School. Students in the certificate program will be required to complete a minimum of 3 core courses to meet our educational and field experience.

Code	Title	Credit Hours
Core Courses (9 credits)		
HEA 630	Foundations of Health Coaching	3
HEA 725	Advanced Community Health Projects	3
CED 610	Helping Relationships	3
Total Credit Hours		9