

# NUTRITION, B.S.

## Criteria for Progression in the Major

New first year and transfer students are required to have a minimum 2.50 cumulative GPA to be admitted to the B.S. in Nutrition. Additionally, all continuing students must maintain a cumulative GPA of at least 2.50 throughout the completion of the Nutrition major. Students that change their Nutrition major or concentration during the academic year will be held to the minimum 2.50 GPA requirement. If the GPA drops below 2.50, students will be contacted in writing by the Undergraduate Program Director indicating that they have dropped below the threshold and will have one semester to increase the cumulative GPA to at least 2.50. If this does not happen, the student will be dropped from the Nutrition major the following semester. Notifications to students will be made at the beginning of each fall and spring semester.

A student must earn a grade of C (a C- is not acceptable) or better in all required NTR and related area courses to graduate in each of the three concentrations offered by the department. Furthermore, students must earn a C or better in prerequisite courses to enroll in specific upper-level courses (see course listings). A student may not receive credit for any NTR course by special examination.

No NTR course or related area course for which a grade of C (a C- is not acceptable) or better is required for the major may be taken more than twice. Students who receive a grade below C, which includes a C-, twice in the same NTR course or related area course for which a grade of C or better is required for the major will be dropped from the major.

## Suggested Academic Workload Guidelines

The faculty of the Department of Nutrition recognizes that many of its students must hold jobs to support college expenses. The faculty wishes to emphasize that academic excellence and scholastic achievement usually require a significant investment of time in study and out-of-class projects. To provide guidance to students in planning their academic and work schedules, the faculty have endorsed the following recommendations:

1. In general, students should plan to devote between 2–3 hours outside of class for each hour spent in class. Thus, students with a 15 credit hour course load should schedule between 30–45 hours weekly for completing outside-of-class reading, study, and homework assignments.
2. Students who are employed more than 5–10 credits each week should consider reducing their course loads (semester hours), depending upon their study habits, learning abilities, and course work requirements.

## Overall Requirements

- 122 credit hours, to include at least 36 credits at or above the 300 course level
- Students must earn grades of C (2.0) or better in all major and related area required courses.

## Degree Program Requirements

Code	Title	Credit Hours
	University Requirements ( <a href="https://catalog.uncg.edu/academic-regulations-policies/undergraduate-policies">https://catalog.uncg.edu/academic-regulations-policies/undergraduate-policies</a> )	
	General Education Core Requirements (GEC) ( <a href="https://catalog.uncg.edu/academic-regulations-policies/undergraduate-policies/general-education-program/#generaleducationcorerequirementstext">https://catalog.uncg.edu/academic-regulations-policies/undergraduate-policies/general-education-program/#generaleducationcorerequirementstext</a> )	

## Major Requirements

### Human Nutrition and Dietetics Concentration Requirements

(and Didactic Program in Dietetics)

Code	Title	Credit Hours
<b>Required</b>		
NTR 103	Introduction to Food Science	
NTR 203	Basic Quantitative Principles in Food and Nutrition	
NTR 213	Introductory Nutrition	
NTR 282	Introduction to Dietetics	
NTR 302	Nutrition Education and Application Processes	
NTR 309	Quantity Food Procurement and Production	
NTR 313	Nutrition Throughout the Life Cycle	
NTR 403	Food Science and Technology	
NTR 413	Intermediate Nutrition	
NTR 421	International Nutrition and Cultural Foods	
NTR 423	Community Nutrition	
NTR 426	Management Practices for Dietetics	
NTR 482	Professionalism in Dietetics	
NTR 531	Nutrition and Human Metabolism	
NTR 550	Nutrition Assessment	
NTR 560	Advanced Nutrition	
NTR 573	Medical Nutrition Therapy	
NTR 576	Nutrition and Physical Fitness	
or KIN 375	Physiology of Sport and Physical Activity	
BIO 111	Principles of Biology I <sup>†</sup>	
BIO 277	Human Physiology	
BIO 280	Fundamentals of Microbiology	
CED 310	Helping Skills	
CHE 103	General Descriptive Chemistry I <sup>†</sup>	
CHE 104	General Descriptive Chemistry II	
CHE 110	Introductory Chemistry Laboratory	
CHE 205	Introductory Organic Chemistry	
CHE 206	Introductory Organic Chemistry Laboratory	
ENG 101	College Writing I <sup>††</sup>	
ISM 110	Business Computing I	
MAT 115	College Algebra <sup>†††</sup>	
PSY 121	General Psychology <sup>††††</sup>	
STA 108	Elementary Introduction to Probability and Statistics <sup>†††</sup>	

† Counts toward GEC GNS requirement.

†† Counts toward GEC GRD requirement.

††† Counts toward GEC GMT requirement.

†††† Counts toward GEC GSB requirement.

## Nutrition and Wellness Concentration Requirements

Code	Title	Credit Hours
<b>Required</b>		
NTR 103	Introduction to Food Science	
NTR 203	Basic Quantitative Principles in Food and Nutrition	
NTR 213	Introductory Nutrition	
NTR 302	Nutrition Education and Application Processes	
NTR 313	Nutrition Throughout the Life Cycle	
NTR 403	Food Science and Technology	
NTR 413	Intermediate Nutrition	
NTR 421	International Nutrition and Cultural Foods	
NTR 423	Community Nutrition	
NTR 550	Nutrition Assessment	
NTR 576	Nutrition and Physical Fitness	
<b>Public Health Education Course</b>		
HEA 201	Personal Health	
<b>Kinesiology Courses</b>		
KIN 220	Lifetime Wellness	
KIN 375	Physiology of Sport and Physical Activity	
KIN 376	Biomechanics of Sport and Physical Activity	
<b>Natural Sciences Courses</b>		
BIO 271	Human Anatomy	
BIO 277	Human Physiology	
CHE 104	General Descriptive Chemistry II	
CHE 110	Introductory Chemistry Laboratory	
<b>Counseling and Education Course</b>		
CED 310	Helping Skills	
<b>Mathematics Course</b>		
MAT 115	College Algebra * †	
<i>Selected Electives</i>		
<i>Select four of the following: **</i>		
CTR 102	Creating a Meaningful Life	
ELC 201	Introduction to Community Leadership	
HEA 207	International Health	
HEA 308	Introduction to Public Health	
HEA 310	Mental Health and Well-Being	
HEA 314	Public Health Diseases	
HEA 315	Epidemiology	
HEA 316	Environmental Health	
HEA 433	Gender and Health	
HEA 334	Community Health	
HEA 447	Income, Social Status, and Health	
HEA 450	Current Health Problems	
HEA 470	Adolescent Health	
HEA 471	Immigrant and Refugee Health	
HDF 211	Human Development Across the Life Span	
KIN 230	Psychological Skills for Optimal Performance	

KIN 520	Physical Activity Programs for Underserved Youth
SOC 361	Health and Society
<b>Additional Requirements</b>	
BIO 111	Principles of Biology I ††
CHE 103	General Descriptive Chemistry I ††
CST 105	Introduction to Communication Studies
ENG 101	College Writing I †††
ISM 110	Business Computing I
PSY 121	General Psychology ††††
STA 108	Elementary Introduction to Probability and Statistics †

\* Completion of the course listed or pass placement exam.

\*\* Two must have an HEA prefix.

† Counts toward GEC GMT requirement.

†† Counts toward GEC GNS requirement.

††† Counts toward GEC GRD requirement.

†††† Counts toward GEC GSB requirement.

## Nutrition Science Concentration Requirements

Code	Title	Credit Hours
<b>Required</b>		
NTR 213	Introductory Nutrition	
NTR 302	Nutrition Education and Application Processes	
NTR 313	Nutrition Throughout the Life Cycle	
NTR 413	Intermediate Nutrition	
NTR 531	Nutrition and Human Metabolism	
NTR 550	Nutrition Assessment	
NTR 560	Advanced Nutrition	
NTR 573	Medical Nutrition Therapy	
BIO 111	Principles of Biology I †	
BIO 112	Principles of Biology II	
BIO 277	Human Physiology	
BIO 280	Fundamentals of Microbiology	
BIO 355	Cell Biology	
BIO 392	Genetics	
CHE 111	General Chemistry I	
CHE 112	General Chemistry I Laboratory	
CHE 114	General Chemistry II	
CHE 115	General Chemistry II Laboratory	
CHE 205	Introductory Organic Chemistry	
CHE 206	Introductory Organic Chemistry Laboratory	
ENG 101	College Writing I ††	
ISM 110	Business Computing I	
MAT 115	College Algebra †††	
STA 108	Elementary Introduction to Probability and Statistics †††	

† Counts toward GEC GNS requirement.

†† Counts toward GEC GRD requirement.

††† Counts toward GEC GMT requirement.

## **Electives**

Electives sufficient to complete total 122 credit hours required for degree.