

# SPORT COACHING UNDERGRADUATE MINOR

The Sport Coaching Minor may be chosen by any degree-seeking UNC Greensboro student. Students will learn the profession of sport coaching including the nature of the profession, qualifications, skills, and issues relative to coaching in community, youth sport, and interscholastic sport activities. Students will culminate their minor experience with opportunities to assume various responsibilities in selected sports under the guidance of qualified coaches.

## Program Requirements

- Minimum of 19 credit hours

Code	Title	Credit Hours
<b>Required</b>		<b>19</b>
KIN 220	Lifetime Wellness	
KIN 286	Foundations of Sport Coaching	
KIN 287	Coaching in Community-Based Sport Programs	
KIN 353	Injuries and Illnesses in Physical Activity	
or KIN 265	Strength Training and/or Conditioning	
KIN 388	Psychology of Physical Activity	
or KIN 230	Psychological Skills for Optimal Performance	
NTR 213	Introductory Nutrition	
<b>Practicum</b>		
KIN 477	Coaching Practicum in a Selected Sport *	

\* KIN 477 is the last course to be taken in the minor and may be taken only after all other courses are completed