

SPORT COACHING UNDERGRADUATE MINOR

The Sport Coaching Minor may be chosen by any degree-seeking UNC Greensboro student. Students must apply and be admitted to the program.

Program Requirements

- Minimum of 19 credit hours

Code	Title	Credit Hours
Required		19
KIN 220	Lifetime Wellness	
KIN 286	Foundations of Sport Coaching	
KIN 287	Coaching in Community-Based Sport Programs	
KIN 353	Injuries and Illnesses in Physical Activity	
or KIN 265	Strength Training and/or Conditioning	
KIN 388	Psychology of Physical Activity	
or KIN 230	Psychological Skills for Optimal Performance	
NTR 213	Introductory Nutrition	
Practicum		
KIN 477	Coaching Practicum in a Selected Sport (the last course to be taken in the minor and may be taken only after all other courses are completed)	