

PHYSICAL EDUCATION, TEACHER EDUCATION (K-12), B.S.

The Physical Education and Health Teacher Education major leads to dual licensure for teaching in North Carolina and most other states. The dual licensure program prepares a student to teach physical education and health in grades K–12. Throughout the program there are opportunities for active observation, assisting teachers, peer and small group teaching, and a culminating student teaching experience with public school students, including those with special needs.

A second academic concentration in Healthful Living is required for completion of this major.

Student Learning Goals

Students completing this program will understand physical education and health content, disciplinary concepts, dispositions and tools of inquiry related to how individuals learn and develop physical literacy, movement skills, and lead healthy lifestyles. They will demonstrate effective verbal, nonverbal, and media communication techniques. They will be able to plan and implement a variety of developmentally appropriate instructional strategies, and use both formal and informal assessment to inform instructional practice. A focus will be on becoming a reflective practitioner who collaborates with others and seeks opportunities to grow

Overall Requirements

- 122 credit hours, to include at least 36 credits at or above the 300 course level
- All KIN courses must be completed with a grade of C (2.0) or higher. No required KIN course may be taken more than twice. Students who receive a grade below C twice in the same KIN prefix course will be withdrawn from the KIN major.
- In addition to the related area requirements listed below, students in this concentration must complete a second academic concentration consisting of 18 credits of course work in Healthful Living.

Degree Program Requirements

| Code | Title | Credit Hours |
|------|--|--------------|
| | University Requirements (https://catalog.uncg.edu/academic-regulations-policies/undergraduate-policies/) | |
| | General Education Requirements (MAC) (https://catalog.uncg.edu/academic-regulations-policies/undergraduate-policies/general-education-program/#generaleducationcorerequirementstext) | |

Major Requirements

A second academic concentration in Healthful Living is required for completion of this major.

| Code | Title | Credit Hours |
|------------------------|-----------------------------|--------------|
| Lecture Courses | | 33 |
| KIN 220 | Lifetime Wellness | |
| KIN 250 | Introduction to Kinesiology | |

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| KIN 265 | Strength Training and/or Conditioning | |
| KIN 330 | Critical Analyses for a Physically Active Society | |
| KIN 370 | Assessment and Evaluation in Kinesiology | |
| KIN 375 | Physiology of Sport and Physical Activity | |
| KIN 376 | Biomechanics of Sport and Physical Activity | |
| KIN 379 | Instructional Methods of Physical Activity | |
| KIN 386 | Motor Control and Learning | |
| KIN 388 | Psychology of Physical Activity | |
| Activity Courses * | | 5 |
| KIN 214 | Sports Performance: Racquet Sports | |
| KIN 231 | Recreational Games | |
| <i>Select two additional courses from activity areas of the following:</i> | | |
| Aquatics: | | |
| KIN 150 | Swimming for Non-Swimmers | |
| KIN 151 | Beginning Swimming | |
| Rock Climbing: | | |
| KIN 180 | Rock Climbing | |
| Soccer: | | |
| KIN 106 | Beginning Soccer | |
| KIN 206 | Intermediate Soccer | |
| Tae Kwon Do: | | |
| KIN 272 | Tae Kwon Do | |
| Ultimate Frisbee: | | |
| KIN 110 | Ultimate | |
| Volleyball: | | |
| KIN 101 | Beginning Volleyball | |
| KIN 201 | Intermediate Volleyball | |
| Second Academic Concentration Requirements (Healthful Living) | | 18 |
| NTR 213 | Introductory Nutrition | |
| HEA 260 | Human Sexuality | |
| HEA 307 | Global Health | |
| HEA 331 | Alcohol, Tobacco, and Other Drugs | |
| KIN 220 | Lifetime Wellness | |
| KIN 450 | Instructional Strategies for School Health Education | |
| Related Area and Teacher Licensure Requirements ** | | 24 |
| BIO 111 & 111L | Principles of Biology I and Principles of Biology I Laboratory | |
| KIN 291 & 291L | Clinical Human Anatomy and Clinical Human Anatomy Laboratory ¹ | |
| or BIO 271 & 271L | Human Anatomy and Human Anatomy Laboratory | |
| KIN 292 & 292L | Clinical Human Physiology and Clinical Human Physiology Laboratory ¹ | |
| or BIO 277 & 277L | Human Physiology and Human Physiology Laboratory | |
| CST 105 | Introduction to Communication Studies | |
| DCE 200 | Dance Appreciation | |
| PSY 121 | General Psychology | |
| TED 445 | Human Diversity, Teaching, and Learning | |
| Additional Concentration Requirements | | 30 |
| KIN 307 | Observation and Analysis of Fundamental Movement | |

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| KIN 340 | Healthful Living Pedagogy for Elementary School Teaching |
| KIN 354 | Curriculum and Teaching: Children's Physical Education ² |
| CTR 314 | Recreation Services with Underrepresented Groups |
| KIN 454 | Curriculum and Teaching: Secondary School Physical Education ² |
| KIN 460 | Teaching Physical Education and Health Internship ² |
| KIN 461 | Student Teaching and Seminar in Physical Education ² |

* *Four Activity courses must be completed with a grade of C (2.0) or higher. A maximum of two Activity courses may be taken in the same semester. Activity courses which are sequential - e.g. beginner, intermediate, advanced - may not be taken concurrently. Once a course has been successfully completed, a student may not enroll in a lower level course for the same activity. A maximum of two DCE courses may be substituted for Activity courses provided the DCE courses are officially listed by the university as STU courses (identified as Studio Schedule Type on the Course Schedule).*

** *A minimum of 3 credits of anatomy and 3 credits of physiology are required.*

¹ *To qualify for graduation, all majors must achieve a grade of C (2.0) or better in each required course with a KIN prefix and the following: BIO 271 & BIO 271L, BIO 277 & BIO 277L.*

² KIN 354, KIN 450, KIN 454, KIN 460, KIN 461:

- Requires entrance into the PHHT major
- Must be taken at UNC Greensboro for graduation and licensure.
- Requires current certification in First Aid and CPR.
- Requires Professional Liability Insurance.

Electives

Students will need to take elective hours prior to graduation. The number of electives needed varies based on course selection and any transfer credits. At least 122 credit hours are required to graduate. Students must complete at least 12 credits of electives with at least 6 credits coming from KIN courses.

Additional Requirements

- A minimum GPA of 2.50 is required for entry (application required) into and continued enrollment in the Physical Education and Health Teacher Education (PHHT) Program. Evidence of 20 hours of working with children in a physical activity setting is also required for admittance to the PHHT program. A 3.0 GPA is also required for entry into the UNCG's Teacher Education program (application required) and for licensure by the State of North Carolina. Passing Praxis Core Academic Skills for Educators scores (fee) are also required for entry into the UNCG's Teacher Education Program.
- A departmental application process is required to enter the program. Prior to acceptance into the Physical Education and Health Teacher Education Program, students will be classified as pre-Kinesiology majors.
- A background check (fee) will be required for entry into the UNC Greensboro Teacher Education program and/or prior to any practical experience in the school setting.
- Liability Insurance (fee) will be required prior to any practical experience with children on campus or in a school setting.

- Students are required to pay a student teaching special fee prior to their student teaching experience.
- First Aid and CPR (fee) certification is required and must remain current for the entire student teaching experience (Student Teaching and Seminars in Physical Education).
- To qualify for graduation in this major and licensure, all majors must complete a Taskstream Portfolio (fee).
- To qualify for graduation in this major and licensure, all majors must attempt the Praxis II: Health and Physical Education: Content Knowledge test. For additional information about the Praxis II, please see the North Carolina Department of Public Instruction website at <http://www.ncpublicschools.org/licensure> (<http://www.ncpublicschools.org/licensure/>).
- Licensure application must be submitted through the UNC Greensboro Teacher Education program at the completion of the PHHT program (fee).
- To graduate, all majors must obtain at least 36 credits in courses at the 300 level or above.
- Students in this major who do not graduate within 7 years or who leave school and later reenter are held to the current program requirements at the time of crossing from the seventh to the 8th year, or are held to the current program requirements during the year of reentry.
- Appeals of any of these requirements must be filed with the appropriate departmental committee within one academic year.

Disciplinary Honors in Kinesiology

Requirements

- A minimum of 12 credit hours as defined below.
- A grade of at least B in all course work used to satisfy the Honors requirement in Kinesiology
- UNC Greensboro cumulative GPA of 3.30 or better or, for transfer students, cumulative GPA of 3.30 or better from all prior institutions.

| Code | Title | Credit Hours |
|---|-----------------------|--------------|
| Required | | 3 |
| HSS 490 | Senior Honors Project | |
| Select 9 credits of KIN Honors courses * | | 9 |

* *6 credits of which must be at the 300-level or above.*

Recognition

Receive a Certificate of Disciplinary Honors in Kinesiology; have that accomplishment, along with the title of the Senior Honors Project, noted on the official transcript; and be recognized at a banquet held at the end of the spring semester.

Honors Advisor

Contact Diane Gill (336-334-4683) at dlgill@uncg.edu, for further information and guidance about Honors in Kinesiology. To apply: <http://honorscollege.uncg.edu/forms/disc-application.pdf>