PHYSICAL EDUCATION, TEACHER EDUCATION (K-12), B.S.

The Physical Education and Health Teacher Education major leads to dual licensure for teaching in North Carolina and most other states. The dual licensure program prepares a student to teach physical education and health in grades K–12. Throughout the program there are opportunities for active observation, assisting teachers, peer and small group teaching, and a culminating student teaching experience with public school students, including those with special needs.

A second academic concentration in Healthful Living is required for completion of this major.

Student Learning Goals

Students completing this program will understand physical education and health content, disciplinary concepts, dispositions and tools of inquiry related to how individuals learn and develop physical literacy, movement skills, and lead healthy lifestyles. They will demonstrate effective verbal, nonverbal, and media communication techniques. They will be able to plan and implement a variety of developmentally appropriate instructional strategies, and use both formal and informal assessment to inform instructional practice. A focus will be on becoming a reflective practitioner who collaborates with others and seeks opportunities to grow professionally.

Overall Requirements

- 122 credit hours, to include at least 36 credits at or above the 300 course level.
- All KIN courses must be completed with a grade of C (2.0) or higher.
- In addition to the related area requirements listed below, students in this major must complete a second academic concentration consisting of 18 credits of course work in Healthful Living.

Degree Program Requirements

University Requirements (https://catalog.uncg.edu/academic-regulations-policies/undergraduate-requirements/undergraduate-degrees-and-degree-requirements/)

General Education Requirements - Minerva’s Academic Curriculum (MAC) (https://catalog.uncg.edu/academic-regulations-policies/undergraduate-requirements/general-education-program/)

Major Requirements

- A second academic concentration in Healthful Living is required for completion of this major.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 220</td>
<td>Lifetime Wellness</td>
<td></td>
</tr>
<tr>
<td>KIN 250</td>
<td>Introduction to Kinesiology</td>
<td></td>
</tr>
<tr>
<td>KIN 265</td>
<td>Strength Training and/or Conditioning</td>
<td></td>
</tr>
</tbody>
</table>

KIN 330 Critical Analyses for a Physically Active Society
KIN 370 Assessment and Evaluation in Kinesiology
KIN 375 Physiology of Sport and Physical Activity
KIN 376 Biomechanics of Sport and Physical Activity
KIN 379 Instructional Methods of Physical Activity
KIN 386 Motor Control and Learning
KIN 388 Psychology of Physical Activity

Activity Courses * 5
KIN 214 Sports Performance: Racquet Sports
KIN 231 Recreational Games

Select two additional courses from activity areas of the following:

Aquatics:
KIN 150 Swimming for Non-Swimmers
KIN 151 Beginning Swimming

Rock Climbing:
KIN 180 Rock Climbing

Soccer:
KIN 106 Beginning Soccer
KIN 206 Intermediate Soccer

Tae Kwon Do:
KIN 272 Tae Kwon Do

Ultimate Frisbee:
KIN 110 Ultimate

Volleyball:
KIN 101 Beginning Volleyball
KIN 201 Intermediate Volleyball

Second Academic Concentration Requirements (Healthful Living) 18
NTR 213 Introductory Nutrition
HEA 260 Human Sexuality
HEA 310 Mental Health and Well-Being
HEA 331 Alcohol, Tobacco, and Other Drugs
KIN 220 Lifetime Wellness
KIN 450 Instructional Strategies for School Health Education

Related Area and Teacher Licensure Requirements ** 24
BIO 111 Principles of Biology I
& 111L and Principles of Biology I Laboratory

KIN 291 Clinical Human Anatomy
& 291L and Clinical Human Anatomy Laboratory 1
or BIO 271
& 271L Human Anatomy
and Human Anatomy Laboratory

KIN 292 Clinical Human Physiology
& 292L and Clinical Human Physiology Laboratory 1
or BIO 277
& 277L Human Physiology
and Human Physiology Laboratory

CST 105 Introduction to Communication Studies
DCE 200 Dance Studies: Dance as Social and Cultural Practice

PSY 121 General Psychology
TED 445 Human Diversity, Teaching, and Learning

Additional Concentration Requirements 30
CTR 214 Inclusive Recreation
**Electives**

Students will need to take elective hours prior to graduation. The number of electives needed varies based on course selection and any transfer credits. At least 122 credit hours are required to graduate.

**Additional Requirements**

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 271</td>
<td>Physical Science: A Human Perspective</td>
<td>2</td>
</tr>
<tr>
<td>BIO 271L</td>
<td>Physical Science: A Human Perspective Lab</td>
<td>1</td>
</tr>
<tr>
<td>BIO 277</td>
<td>Human Biology</td>
<td>2</td>
</tr>
<tr>
<td>BIO 277L</td>
<td>Human Biology Lab</td>
<td>1</td>
</tr>
<tr>
<td>HSS 490</td>
<td>Senior Honors Project</td>
<td>3</td>
</tr>
</tbody>
</table>

Select 9 credits of KIN Honors courses *

* 6 credits of which must be at the 300-level or above.

**Disciplinary Honors in Kinesiology**

**Requirements**

- A minimum of 12 credit hours as defined below.
- A grade of at least B in all course work used to satisfy the Honors requirement in Kinesiology
- UNC Greensboro cumulative GPA of 3.30 or better or, for transfer students, cumulative GPA of 3.30 or better from all prior institutions.

**Recognition**

Receive a Certificate of Disciplinary Honors in Kinesiology; have that accomplishment, along with the title of the Senior Honors Project, noted on the official transcript; and be recognized at a banquet held at the end of the spring semester.

**Honors Advisor**

Contact Diane Gill (336-334-4683) at dlgill@uncg.edu, for further information and guidance about Honors in Kinesiology. To apply: http://honorscollege.uncg.edu/forms/disc-application.pdf