PHYSICAL EDUCATION AND HEALTH TEACHER EDUCATION WITH K–12 LICENSURE, B.S.

Overall Requirements

- 122-128 credit hours, to include at least 36 credits at or above the 300 course level
- All KIN courses must be completed with a grade of C (2.0) or higher. No required KIN course may be taken more than twice. Students who receive a grade below C twice in the same KIN prefix course will be withdrawn from the KIN major.

Degree Program Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>University Requirements (<a href="https://catalog.uncg.edu/academic-regulations-policies/undergraduate-policies">https://catalog.uncg.edu/academic-regulations-policies/undergraduate-policies</a>)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>General Education Core Requirements (GEC) (<a href="https://catalog.uncg.edu/academic-regulations-policies/undergraduate-policies/general-education-program/#generaleducationcorerequirementstext">https://catalog.uncg.edu/academic-regulations-policies/undergraduate-policies/general-education-program/#generaleducationcorerequirementstext</a>)</td>
<td></td>
</tr>
</tbody>
</table>

Major Requirements

The Physical Education and Health Teacher Education major leads to dual licensure for teaching in North Carolina and most other states. The dual licensure program prepares a student to teach physical education and health in grades K–12. Throughout the program there are opportunities for active observation, assisting teachers, peer and small group teaching, and a culminating student teaching experience with public school students, including those with special needs.

A second academic concentration in Healthful Living is required for completion of this concentration.

Student Learning Goals

Students completing this program will understand physical education and health content, disciplinary concepts, dispositions and tools of inquiry related to how individuals learn and develop physical literacy, movement skills, and lead healthy lifestyles. They will demonstrate effective verbal, nonverbal, and media communication techniques. They will be able to plan and implement a variety of developmentally appropriate instructional strategies, and use both formal and informal assessment to inform instructional practice. A focus will be on becoming a reflective practitioner who collaborates with others and seeks opportunities to grow professionally.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Required</td>
<td>36</td>
</tr>
<tr>
<td>KIN 220</td>
<td>Lifetime Wellness</td>
<td></td>
</tr>
<tr>
<td>KIN 250</td>
<td>Introduction to Kinesiology</td>
<td></td>
</tr>
<tr>
<td>KIN 265</td>
<td>Strength Training and/or Conditioning</td>
<td></td>
</tr>
<tr>
<td>KIN 330</td>
<td>Critical Analyses for a Physically Active Society</td>
<td></td>
</tr>
<tr>
<td>KIN 353</td>
<td>Injuries and Illnesses in Physical Activity</td>
<td></td>
</tr>
<tr>
<td>KIN 370</td>
<td>Assessment and Evaluation in Kinesiology</td>
<td></td>
</tr>
</tbody>
</table>

Activity Courses

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 375</td>
<td>Physiology of Sport and Physical Activity</td>
<td></td>
</tr>
<tr>
<td>KIN 376</td>
<td>Biomechanics of Sport and Physical Activity</td>
<td></td>
</tr>
<tr>
<td>KIN 379</td>
<td>Instructional Methods of Physical Activity</td>
<td></td>
</tr>
<tr>
<td>KIN 386</td>
<td>Motor Development and Learning</td>
<td></td>
</tr>
<tr>
<td>KIN 388</td>
<td>Psychology of Physical Activity</td>
<td></td>
</tr>
</tbody>
</table>

Select two courses from two activity areas of the following:

Aquatics:
- KIN 150 Swimming for Non-Swimmers
- KIN 151 Beginning Swimming

Bowling:
- KIN 128 Beginning Bowling

Rock Climbing:
- KIN 180 Rock Climbing

Soccer:
- KIN 106 Beginning Soccer
- KIN 206 Intermediate Soccer

Tae Kwon Do:
- KIN 272 Tae Kwon Do

Ultimate Frisbee:
- KIN 110 Ultimate

Volleyball:
- KIN 101 Beginning Volleyball
- KIN 201 Intermediate Volleyball

Second Academic Concentration Requirements

In addition to the related area requirements listed below, students in this concentration must complete a second academic concentration consisting of 18 credits of course work in Healthful Living.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>NTR 213</td>
<td>Introductory Nutrition</td>
<td></td>
</tr>
<tr>
<td>HEA 260</td>
<td>Human Sexuality</td>
<td></td>
</tr>
<tr>
<td>HEA 331</td>
<td>Alcohol, Tobacco, and Other Drugs</td>
<td></td>
</tr>
<tr>
<td>HEA 470</td>
<td>Adolescent Health</td>
<td></td>
</tr>
<tr>
<td>KIN 220</td>
<td>Lifetime Wellness</td>
<td></td>
</tr>
<tr>
<td>KIN 450</td>
<td>Instructional Strategies for School Health Education</td>
<td></td>
</tr>
</tbody>
</table>

Related Area and Teacher Licensure Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 111</td>
<td>Principles of Biology</td>
<td></td>
</tr>
<tr>
<td>KIN 291 or BIO 271</td>
<td>Clinical Human Anatomy</td>
<td></td>
</tr>
<tr>
<td>KIN 292 or BIO 277</td>
<td>Clinical Human Physiology</td>
<td></td>
</tr>
<tr>
<td>CST 105</td>
<td>Introduction to Communication Studies</td>
<td></td>
</tr>
<tr>
<td>DCE 200</td>
<td>Dance Appreciation</td>
<td></td>
</tr>
<tr>
<td>PSY 121</td>
<td>General Psychology</td>
<td></td>
</tr>
<tr>
<td>TED 445</td>
<td>Human Diversity, Teaching, and Learning</td>
<td></td>
</tr>
</tbody>
</table>

Additional Concentration Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 214</td>
<td>Sports Performance: Racquet Sports</td>
<td></td>
</tr>
<tr>
<td>KIN 231</td>
<td>Recreational Games</td>
<td></td>
</tr>
<tr>
<td>KIN 307</td>
<td>Observation and Analysis of Fundamental Movement</td>
<td></td>
</tr>
</tbody>
</table>
KIN 340  Healthful Living Pedagogy for Elementary School Teaching
KIN 354  Curriculum and Teaching: Children's Physical Education
KIN 381  Physical Education for Individuals with Special Needs
or CTR 314  Recreation Services with Underrepresented Groups
KIN 454  Curriculum and Teaching: Secondary School Physical Education
KIN 460  Teaching Physical Education and Health Internship
KIN 461  Student Teaching and Seminar in Physical Education

* Four activity courses must be completed with a grade of C (2.0) or higher. A maximum of 2 ACT may be taken in the same semester. ACT courses which are sequential, e.g., beginner, intermediate, advanced, may not be taken concurrently. Once a course has been successfully completed, a student may not enroll in a lower level course for the same activity. A maximum of 2 DCE courses may be substituted for ACT courses provided the DCE courses are officially listed by the university as STU courses.

** A minimum of 3 credits of anatomy and 3 credits of physiology are required.
† Counts toward GEC GSB requirement.
†† Counts toward GEC GNS requirement.
††† Counts toward GEC GRD requirement.
†††† Counts toward GEC GFA requirement.

Additional Requirements

Course Restrictions

1. Admission
   Students who have not been admitted to this program may not enroll in the courses listed below.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 354</td>
<td>Curriculum and Teaching: Children's Physical Education</td>
<td></td>
</tr>
<tr>
<td>KIN 454</td>
<td>Curriculum and Teaching: Secondary School Physical Education</td>
<td></td>
</tr>
<tr>
<td>KIN 460</td>
<td>Teaching Physical Education and Health Internship</td>
<td></td>
</tr>
<tr>
<td>KIN 461</td>
<td>Student Teaching and Seminar in Physical Education</td>
<td></td>
</tr>
</tbody>
</table>

2. UNC Greensboro
   The courses listed below must be taken at UNC Greensboro for graduation and licensure.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 354</td>
<td>Curriculum and Teaching: Children's Physical Education</td>
<td></td>
</tr>
<tr>
<td>KIN 454</td>
<td>Curriculum and Teaching: Secondary School Physical Education</td>
<td></td>
</tr>
<tr>
<td>KIN 460</td>
<td>Teaching Physical Education and Health Internship</td>
<td></td>
</tr>
<tr>
<td>KIN 461</td>
<td>Student Teaching and Seminar in Physical Education</td>
<td></td>
</tr>
</tbody>
</table>

3. Certification
   Certification in First Aid and CPR must be current for the courses listed below.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 354</td>
<td>Curriculum and Teaching: Children's Physical Education</td>
<td></td>
</tr>
<tr>
<td>KIN 454</td>
<td>Curriculum and Teaching: Secondary School Physical Education</td>
<td></td>
</tr>
<tr>
<td>KIN 460</td>
<td>Teaching Physical Education and Health Internship</td>
<td></td>
</tr>
<tr>
<td>KIN 461</td>
<td>Student Teaching and Seminar in Physical Education</td>
<td></td>
</tr>
</tbody>
</table>

4. Professional Liability Insurance
   Professional Liability Insurance is required for the courses listed below.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>KIN 354</td>
<td>Curriculum and Teaching: Children's Physical Education</td>
<td></td>
</tr>
<tr>
<td>KIN 381</td>
<td>Physical Education for Individuals with Special Needs</td>
<td></td>
</tr>
<tr>
<td>KIN 454</td>
<td>Curriculum and Teaching: Secondary School Physical Education</td>
<td></td>
</tr>
<tr>
<td>KIN 460</td>
<td>Teaching Physical Education and Health Internship</td>
<td></td>
</tr>
<tr>
<td>KIN 461</td>
<td>Student Teaching and Seminar in Physical Education</td>
<td></td>
</tr>
</tbody>
</table>

5. Minimum grade
   To qualify for graduation in this concentration, all majors must achieve a grade of C (2.0) or better in each required course with a KIN prefix and those listed below.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIO 271</td>
<td>Human Anatomy</td>
<td></td>
</tr>
<tr>
<td>BIO 277</td>
<td>Human Physiology</td>
<td></td>
</tr>
</tbody>
</table>

Other Restrictions

- A minimum GPA of 2.50 is required for entry (application required) into and continued enrollment in the Physical Education and Health Teacher Education (PEHTE) Program. Evidence of 20 hours of working with children in a physical activity setting is also required for admittance to the PEHTE program. A 3.0 GPA is also required for entry into the UNCG's Teacher Education program (application required) and for licensure by the State of North Carolina. Passing Praxis Core Academic Skills for Educators scores (fee) are also required for entry into the UNCG's Teacher Education Program.
- A departmental application process is required to enter the program. Prior to acceptance into the Physical Education and Health Teacher Education Program, students will be classified as pre-Kinesiology majors.
- A background check (fee) will be required for entry into the UNC Greensboro Teacher Education program and/or prior to any practical experience in the school setting.
- Liability Insurance (fee) will be required prior to any practical experience with children on campus or in a school setting.
• Students are required to pay a student teaching special fee prior to their student teaching experience.

• First Aid and CPR (fee) certification is required and must remain current for the entire student teaching experience (Student Teaching and Seminars in Physical Education).

• To qualify for graduation in this major and licensure, all majors must complete a Taskstream Portfolio (fee).

• To qualify for graduation in this major and licensure, all majors must attempt the Praxis II: Health and Physical Education: Content Knowledge test. For additional information about the Praxis II, please see the North Carolina Department of Public Instruction website at http://www.ncpublicschools.org/licensure.

• Licensure application must be submitted through the UNC Greensboro Teacher Education program at the completion of the PEHTE program (fee).

• To graduate, all majors must obtain at least 36 credits in courses at the 300 level or above.

• Students in this major who do not graduate within 7 years or who leave school and later reenter are held to the current program requirements at the time of crossing from the seventh to the 8th year, or are held to the current program requirements during the year of reentry.

• Appeals of any of these requirements must be filed with the appropriate departmental committee within one academic year.

Electives

Students will need to take elective hours prior to graduation. The number of electives needed varies based on course selection and any transfer credits. At least 122 credit hours are required to graduate. Students must complete at least 15 credits of electives with at least 6 credits coming from KIN courses.