## HUMAN DEVELOPMENT AND FAMILY STUDIES, B.S.

### Overall Requirements

- 120 credit hours, to include at least 36 credits at or above the 300 course level

### Degree Program Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>University Requirements (<a href="https://catalog.uncg.edu/academic-regulations-policies/undergraduate-requirements/undergraduate-degrees-and-degree-requirements/">https://catalog.uncg.edu/academic-regulations-policies/undergraduate-requirements/undergraduate-degrees-and-degree-requirements/</a>)</td>
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<tr>
<td></td>
<td>General Education Requirements - Minerva’s Academic Curriculum (MAC)</td>
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<tr>
<td></td>
<td>(<a href="https://catalog.uncg.edu/academic-regulations-policies/undergraduate-requirements/general-education-program/">https://catalog.uncg.edu/academic-regulations-policies/undergraduate-requirements/general-education-program/</a>)</td>
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</tbody>
</table>

### Major Requirements

Select one of the concentrations as detailed following the major requirements.

- Child, Youth, and Family Development
- Early Care and Education

### Electives

Electives should be sufficient to complete the 120 credit hours required for the degree. No more than one third may be Health and Human Sciences (CSD, CTR, HDF, HEA, KIN, NTR, or SWK) courses.

### Child, Youth, and Family Development Concentration Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>HDF 111</td>
<td>Human Development Across the Life Span</td>
<td></td>
</tr>
<tr>
<td>HDF 112</td>
<td>Families and Close Relationships</td>
<td></td>
</tr>
<tr>
<td>HDF 202</td>
<td>Infant and Child Development</td>
<td></td>
</tr>
<tr>
<td>HDF 203</td>
<td>Adolescent Development: From Puberty to Young Adulthood</td>
<td></td>
</tr>
<tr>
<td>HDF 204</td>
<td>Adult Development</td>
<td></td>
</tr>
<tr>
<td>HDF 221</td>
<td>Issues in Parenting</td>
<td></td>
</tr>
<tr>
<td>HDF 375</td>
<td>Research Methods in Human Development and Family Studies</td>
<td></td>
</tr>
<tr>
<td>HDF 390</td>
<td>Families and Children in Global Perspective</td>
<td></td>
</tr>
<tr>
<td>HDF 464</td>
<td>Advanced Family and Developmental Studies Seminar</td>
<td></td>
</tr>
<tr>
<td>HDF 377</td>
<td>Professional Development in HDFS</td>
<td></td>
</tr>
<tr>
<td>HDF 499</td>
<td>Supervised Professional Experience *</td>
<td></td>
</tr>
</tbody>
</table>

Select one of the following:

- HDF 330 Family Diversity
- HDF 407 Issues Affecting Women and Families

### Related Area Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>NTR 213</td>
<td>Introductory Nutrition</td>
<td></td>
</tr>
<tr>
<td>PSY 121</td>
<td>General Psychology</td>
<td></td>
</tr>
<tr>
<td>SOC 101</td>
<td>Introduction to Sociology</td>
<td></td>
</tr>
<tr>
<td>STA 108</td>
<td>Elementary Introduction to Probability and Statistics</td>
<td></td>
</tr>
</tbody>
</table>

Select eight courses of the following: *

**Group A**

- ADS 201 Introduction to African American Studies
- ADS 210 Blacks in American Society: Social, Economic, and Political Perspectives
- ADS 260 Understanding Race
- ADS 325 Black Women in the U.S.
- ATY 100 Contemporary Non-Western Cultures
- ATY 113 Introduction to Cultural Anthropology
- ATY 230 Cultures of Native North America
- ATY 231 Race and Human Diversity
- ATY 235 Cultures of Africa
- ATY 312 The Anthropology of Children
- ATY 333 Latin American Societies and Cultures
- ATY 385 Language and Culture
- BLS 385 American Motherhood
- BLS 386 Women, War, and Terror
- CST 421 African-American Culture / Identity
- CTR 314 Recreation Services with Underrepresented Groups
- ECO 100 Economics of a Global Sustainable Society
- EN 307 Global Health
- HEA 307 Global Health
- HEA 350 Race, Ethnicity, and Health
- HEA 433 Gender and Health
- or NUR 330 Global Perspectives on the Health of Women
- HEA 447 Income, Social Status, and Health
- HEA 471 Immigrant and Refugee Health
- IGS 200 Introduction to International and Global Studies
- NUR 390 Culture and Health Care
- PCS 479 Gender and Peacebuilding
- PSC 336 Women and the Law
- PSY 346 The Psychology of Gender
- PSY 370 Ethnicity, Development, and Psychopathology
- PSY 390 Health Psychology and Culture
- REL 112 Spirituality, Health, and Wellness
- REL 234 Religion and Race in the Americas
- SES 200 People with Disabilities in American Society
- SES 460 Home-School Partnerships for Students with Exceptional Needs

* Taken for 6 credits.
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<thead>
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<tbody>
<tr>
<td>HDF 111</td>
<td>Human Development Across the Life Span</td>
<td>3</td>
</tr>
<tr>
<td>HDF 112</td>
<td>Families and Close Relationships</td>
<td>2</td>
</tr>
<tr>
<td>HDF 202</td>
<td>Infant and Child Development</td>
<td>2</td>
</tr>
<tr>
<td>HDF 221</td>
<td>Issues in Parenting</td>
<td>1</td>
</tr>
<tr>
<td>HDF 250</td>
<td>Introduction to Birth through Kindergarten Education and Programs</td>
<td>3</td>
</tr>
<tr>
<td>HDF 315</td>
<td>Assessment and Planning for Inclusive B-K Programs</td>
<td>3</td>
</tr>
<tr>
<td>HDF 341</td>
<td>Social Emotional Competence in Inclusive Settings</td>
<td>3</td>
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<tr>
<td>HDF 390</td>
<td>Families and Children in Global Perspective or HDF 330</td>
<td>3</td>
</tr>
<tr>
<td>HDF 420</td>
<td>Birth to Kindergarten Teaching Practicum I</td>
<td>3</td>
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<tr>
<td>HDF 425</td>
<td>Infants and Toddlers: Development, Learning, and Curriculum</td>
<td>3</td>
</tr>
<tr>
<td>HDF 435</td>
<td>Preschool: Development, Learning, and Curriculum</td>
<td>3</td>
</tr>
<tr>
<td>HDF 440</td>
<td>Birth to Kindergarten Teaching Practicum II</td>
<td>3</td>
</tr>
<tr>
<td>HDF 450</td>
<td>Professional Experience in Early Childhood</td>
<td>3</td>
</tr>
<tr>
<td>HDF 468</td>
<td>Diversity in Inclusive Early Care and Education</td>
<td>3</td>
</tr>
<tr>
<td>HDF 470</td>
<td>Leadership in Early Education</td>
<td>3</td>
</tr>
<tr>
<td>HDF 482</td>
<td>Administration of Dependent Care Programs</td>
<td>3</td>
</tr>
</tbody>
</table>

* Four must be from Group A—International and Family and/or Developmental-Focused or Diversity Focused Courses. The other four may be from Group A, Group B, or a mix of the two.

** Study Abroad course work for 3 credits or 6 credits may also apply.

1 Foreign Language for three 3 credits or 6 credits may also apply.

2 Course may apply when taken for three 3 or 6 credits.
Human Development and Family Studies, B.S. 3

**Option A**

BIO 105 & 105L  
Major Concepts of Biology and Major Concepts of Biology Laboratory

**Option B**

BIO 111 & 111L  
Principles of Biology I and Principles of Biology I Laboratory

**Option C**

CHE 101 & 110L  
Introductory Chemistry and Introductory Chemistry Laboratory

**Option D**

GES 103 & 103L  
Introduction to Earth Science and Earth Science Laboratory  
or GES 108  
Our Dynamic Planet

**Option E**

ATY 153 & 153L  
Introduction to Biological Anthropology and Introduction to Biological Anthropology Laboratory

Select 6 credits from one of the following three blocks:

- **Administration and/or Management**
  - BUS 240  
  Introduction to the Entrepreneurial Experience
  - BUS 328  
  Organizational Leadership
  - BUS 339  
  Entrepreneurial Leadership
  - CST 308  
  Organizational Communication
  - CST 341  
  Communication and Workplace Relationships
  - ENT 200  
  Introduction to Entrepreneurial Finance
  - ENT 240  
  Introduction to the Entrepreneurial Experience
  - FIN 200  
  Introduction to Entrepreneurial Finance
  - MGT 300  
  Management of Organizations
  - MGT 354  
  Diversity and Inclusion in Organizations

- **World Cultures**
  - ATY 100  
  Contemporary Non-Western Cultures
  - ATY 113  
  Introduction to Cultural Anthropology
  - ATY 230  
  Cultures of Native North America
  - ATY 235  
  Cultures of Africa
  - ATY 333  
  Latin American Societies and Cultures
  - ENT 307  
  Global Health
  - GES 303  
  World Population Problems
  - GES 315  
  The Geography of World Affairs
  - HDF 390  
  Families and Children in Global Perspective
  - HEA 307  
  Global Health
  - HIS 217  
  The World in the Twentieth Century
  - HIS 218  
  The World since 1945
  - IGS 200  
  Introduction to International and Global Studies
  - REL 109  
  Religion and Popular Culture
  - PCS 305  
  Foundations of Peace and Conflict Studies
  - PCS 309  
  Conflict and Culture
  - PCS 415  
  Global Peacebuilding
  - PSC 290  
  The Politics of the Non-Western World
  - REL 100  
  Introduction to World Religions
  - SOC 202  
  Social Problems in Global Context
  - SOC 371  
  Race, Ethnicity, and Migration in a Global Context
  - SPA 121  
  Basic Spanish for Teachers
  - Study Abroad taken for up to 6 credits

**Healthy Lifestyles**

- CED 274  
  Stress Management
- CED 310  
  Helping Skills
- CST 200  
  Communication and Community
- CST 207  
  Relational Communication
- CST 210  
  Communicating Ethically
- CST 337  
  Intercultural Communication
- CST 341  
  Communication and Workplace Relationships
- CST 344  
  Conflict Communication
- CST 415  
  Family Communication
- HDF 401  
  Special Problems in Human Development and Family Studies
- HEA 201  
  Personal Health
- HEA 260  
  Human Sexuality
- HEA 310  
  Mental Health and Well-Being
- HEA 334  
  Community Health
- HEA 447  
  Income, Social Status, and Health
- HEA 471  
  Immigrant and Refugee Health
- KIN 220  
  Lifetime Wellness
- KIN 330  
  Critical Analyses for a Physically Active Society
- KIN 342  
  Teaching Motor Skills to Preschool Children
- PSY 265  
  Theories of Personality
- PSY 275  
  Introduction to Clinical Psychology
- PSY 341  
  Adult Psychopathology
- PSY 390  
  Health Psychology and Culture
- REL 112  
  Spirituality, Health, and Wellness
- WGS 280  
  Women's Health and Bodies

**Disciplinary Honors in Human Development and Family Studies**

**Requirements**

- A minimum of 12 credit hours as defined below.
- UNC Greensboro cumulative GPA of 3.30 or better or, for transfer students, cumulative GPA of 3.30 or better from all prior institutions.

**Code**

**Title**

**Credit Hours**

<table>
<thead>
<tr>
<th>Required</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>HSS 490</td>
<td>Senior Honors Project</td>
<td>3</td>
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**6 credits of Honors course work in the major**

<table>
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<th>Credit Hours</th>
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<tbody>
<tr>
<td>6</td>
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**3 credits of Honors course work in the major or another area**

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<thead>
<tr>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>3</td>
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**Recognition**

Receive a Certificate of Disciplinary Honors in Human Development and Family Studies; have that accomplishment, along with the title of the Senior Honors Project, noted on the official transcript; and be recognized at a banquet held at the end of the spring semester.

**Honors Advisor**

Contact Sudha Shreeniwas at s_shreen@uncg.edu for further information and guidance about Honors in Human Development and Family Studies. To apply: http://honorscollege.uncg.edu/forms/disc-application.pdf