HUMAN DEVELOPMENT AND FAMILY STUDIES, B.S.

The Human Development and Family Studies, B.S. major is available in a traditional as well as an online format.

Overall Requirements
• 120 credit hours, to include at least 36 credits at or above the 300 course level.

Degree Program Requirements

University Requirements (https://catalog.uncg.edu/academic-regulations-policies/undergraduate-requirements/undergraduate-degrees-and-degree-requirements/)

General Education Requirements - Minerva’s Academic Curriculum (MAC) (https://catalog.uncg.edu/academic-regulations-policies/undergraduate-requirements/general-education-program/)

Major Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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</thead>
<tbody>
<tr>
<td>HDF 111</td>
<td>Human Development Across the Life Span</td>
<td>4</td>
</tr>
<tr>
<td>HDF 112</td>
<td>Families and Close Relationships</td>
<td>3</td>
</tr>
<tr>
<td>HDF 202</td>
<td>Infant and Child Development</td>
<td>3</td>
</tr>
<tr>
<td>HDF 203</td>
<td>Adolescent Development: From Puberty to Young Adulthood</td>
<td>3</td>
</tr>
<tr>
<td>HDF 204</td>
<td>Adult Development</td>
<td>3</td>
</tr>
<tr>
<td>HDF 221</td>
<td>Issues in Parenting</td>
<td>3</td>
</tr>
<tr>
<td>HDF 375</td>
<td>Research Methods in Human Development and Family Studies</td>
<td>3</td>
</tr>
<tr>
<td>HDF 390</td>
<td>Families and Children in Global Perspective</td>
<td>3</td>
</tr>
<tr>
<td>HDF 464</td>
<td>Advanced Family and Developmental Studies Seminar</td>
<td>3</td>
</tr>
<tr>
<td>HDF 499</td>
<td>Supervised Professional Experience *</td>
<td>3</td>
</tr>
<tr>
<td>HDF 330</td>
<td>Family Diversity</td>
<td>3</td>
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Select one of the following:
- HDF 445 Current Family Theory and Research
- HDF 455 Current Developmental Theory and Research

* HDF 499 is taken for 6 credits.

Related Area Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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</thead>
<tbody>
<tr>
<td>NTR 213</td>
<td>Introductory Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>PSY 121</td>
<td>General Psychology</td>
<td>3</td>
</tr>
<tr>
<td>SOC 101</td>
<td>Introduction to Sociology</td>
<td>3</td>
</tr>
<tr>
<td>STA 108</td>
<td>Elementary Introduction to Probability and Statistics</td>
<td>3</td>
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</tbody>
</table>
Group B ¹

CED 310  Helping Skills
CED 274  Stress Management
CED 392  Love, Sex, and Relationships: Skills for Building Satisfying, Healthy Relationships
CST 200  Communication and Community
CST 207  Interpersonal Communication
CST 210  Communicating Ethically
CST 337  Intercultural Communication
CST 341  Communication and Workplace Relationships
CST 344  Conflict Communication
CST 350  Small Group and Team Communication
CST 415  Family Communication
CST 417  Communication and Friendship
GRO 201  Introduction to Gerontology: Thinking about Aging
GRO 444  Baby Boomers
HEA 201  Personal Health
HEA 260  Human Sexuality
HEA 310  Mental Health and Well-Being
HEA 331  Alcohol, Tobacco, and Other Drugs
HEA 450  Current Health Problems
HEA 470  Adolescent Health
HDF 201  Development of School-Age Children
HDF 401  Special Problems in Human Development and Family Studies ²
PSC 210  Introduction to Health Policies
PSY 240  Principles of Learning
PSY 260  Psychological Perspectives on Social Psychology
PSY 275  Introduction to Clinical Psychology
PSY 280  Cognitive Psychology
PSY 341  Adult Psychopathology
PSY 361  Theories of Personality
PSY 375  Psychology of Aging
PSY 385  IQ and Intelligence
SES 240  Communication Development in Children
SES 242  Introduction to Exceptional Children: Early Years
SOC 222  Sociology of Deviant Behavior
SOC 323  Deviance and Social Control
SOC 338  Sex and Society
SOC 420  Family Violence
SOC 425  Contemporary Gangs in America
SWK 454  Mental Health Social Work
SWK 470  Social Services for the Aging
SWK 484  Social Services for Children

² Course may apply when taken for three 3 or 6 credits.

Electives

Electives should be sufficient to complete the 120 credit hours required for the degree. No more than one third may be Health and Human Sciences (CSD, CTR, HDF, HEA, KIN, NTR, or SWK) courses.

Disciplinary Honors in Human Development and Family Studies

Requirements

• A minimum of 12 credit hours as defined below.
• UNC Greensboro cumulative GPA of 3.30 or better or, for transfer students, cumulative GPA of 3.30 or better from all prior institutions.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>HSS 490</td>
<td>Senior Honors Project</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>6 credits of Honors course work in the major</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>3 credits of Honors course work in the major or another area</td>
<td>3</td>
</tr>
</tbody>
</table>

Recognition

Receive a Certificate of Disciplinary Honors in Human Development and Family Studies; have that accomplishment, along with the title of the Senior Honors Project, noted on the official transcript; and be recognized at a banquet held at the end of the spring semester.

Honors Advisor

Contact Sudha Shreeniwas at s_shreen@uncg.edu for further information and guidance about Honors in Human Development and Family Studies. To apply: http://honorscollege.uncg.edu/forms/disc-application.pdf

¹ Four must be from Group A—International and Family and/or Developmental-Focused or Diversity Focused Courses. The other four may be from Group A, Group B, or a mix of the two.

² Study Abroad course work for 3 credits or 6 credits may also apply.

Foreign Language for three 3 credits or 6 credits may also apply.