FOUNDATIONS FOR LEARNING (FFL)

**FFL 200 The Sophomore Experience 1**
This course equips sophomores with essential competencies for academic and personal success including development of personal strengths, exploration of majors and careers, critical thinking, academic skills, and using campus resources.

**FFL 225 Special Topics in Social Movements 3**
Examines principles and definitions of social justice through the focused study of specific social movements.  
**Prerequisites:** UNCG students with 12 or more semester hours.  
**Notes:** May be repeated twice for credit.

**FFL 250 Enhancing the Transfer and Adult Student Experience 2**
Engages transfer and adult students in an exploration of resources, skills, and competencies essential to academic success at UNCG, while also examining the role of higher education in achieving personal, academic, and career goals.