COMMUNITY AND
THERAPEUTIC RECREATION
(CTR)

CTR 101 Leisure and American Lifestyles 3
Examination of personal, philosophical, socio-cultural, economic, behavioral, and historical dimensions of leisure; evolution of leisure lifestyles; exploration of the interrelationship between individuals, groups, and society in the context of leisure.
MAC: MAC Health and Wellness
Notes: Students may not receive credit for both CTR 101 and CTR 111.

CTR 102 Creating a Meaningful Life 3
Examine personal, social, and cultural bases for a healthy and well-balanced life. Recognize and foster creative potential for lifelong personal growth, satisfying quality of life through leisure, and meaningful rewards.
MAC: MAC Health and Wellness

CTR 103 Sex, Drugs, & Rock n’ Roll 3
An exploration of deviant leisure through the lens of recreational sex; substance use in recreational settings; and the use of music for forming relationships and establishing identity in leisure.
MAC: MAC CritThink Soc and BehavSci

CTR 203 Fundamentals of Outdoor Leadership 3
Introduction to basic wilderness living skills, conservation of wild areas, sound safety practices, outdoor leadership theory, and practical application as related to a college outdoor recreation program.
Prerequisites: Permission of instructor.

CTR 212 Leadership in Recreation and Parks 3
Analysis of techniques, principles, and practices of leadership and group dynamics in recreation and parks.

CTR 213 Programming in Recreation and Events 4
General principles of program planning; intensive study of program areas available to participants; analysis of methods and techniques of program design, organization, implementation, and evaluation.

CTR 214 Inclusive Recreation 3
AWARENESS OF AND SENSITIVITY TO THE NEEDS OF PEOPLE WITH DISABILITIES AND OTHER DISENFRANCHISED INDIVIDUALS WITH REGARD TO PLANNING, DELIVERING, AND EVALUATING RECREATION/LEISURE SERVICES IN THE COMMUNITY.
MAC: MAC Diversity and Equity

CTR 231 Introduction to Recreational Therapy 3
Survey of key concepts, theoretical underpinnings, and procedures in clinical and community recreation settings. Focuses upon varied special needs populations, prescriptive activities, and documents using medical charting.

CTR 235 Disabling Conditions and Recreational Therapy 3
Major primary and secondary disabling conditions typically encountered in RT practice will be covered. These include, but not limited to: physical disorders, behavioral health/psychiatric disorders, and cognitive/developmental disorders. Implications, considerations, and treatment techniques will be covered.

CTR 251 Practicum Preparation in Recreation and Parks 1
A course preparing students to seek and apply for practicum positions in recreation and parks management and develop professional resumes, cover letters, and job search skills.
Prerequisites: RPMT majors or minors only.
CTR 423 Meeting and Event Planning and Management 3
Comprehensive understanding of the elements necessary to conduct a quality event or meeting; emphasis on skills needed to identify, create, organize, implement, and evaluate a special event, conference, or meeting.

CTR 429 Special Event Management 3
Study of elements necessary to manage and operate an event business; emphasis on development and presentation of event proposals, customer service, fee structures, event design, risk management, and legal issues.

CTR 433 Trends and Issues in Recreational Therapy 3
Study of trends and issues in recreational therapy; examination of current controversial issues, interdisciplinary team practice, supervisory functions, and professional advocacy.
Prerequisites: CTR 315, concurrent enrollment in CTR 439 or past enrollment in CTR 439, or permission of instructor.

CTR 435 Animal Assisted Therapy 3
An introduction to the theories, concepts, and techniques used in animal assisted therapy in long-term care, rehabilitation, acute care hospitals, special schools, and other settings.

CTR 437 Interventions and Facilitation Techniques in Recreational Therapy 3
This course will prepare students to plan, implement, and evaluate a variety of recreational therapy interventions using various therapeutic facilitation techniques. Relevant efficacy research and theoretical foundations will be included.
Prerequisites: Pr. or Coreq.: CTR 439.

CTR 439 Clinical Procedures in Recreational Therapy 3
Students learn clinical skills related to the recreational therapy process with a focus on developing individualized treatment plans; developing goals, objectives and treatment interventions; documentation skills, discharge planning and evaluation.
Prerequisites: Concurrent enrollment in CTR 231 or previous credit for CTR 231. or permission of instructor.

CTR 444 Recreation, Parks, and Health 3
Examination of evidence regarding the impacts of recreation, parks, green space, and leisure on the health and well-being of individuals and communities.

CTR 493 Honors Work 3-6
Honors Work.
Prerequisites: Permission of instructor. 3.30 GPA in the major; 12 s.h. in the major;
Notes: May be repeated for credit if the topic of study changes.

CTR 611 Foundations of Recreation and Parks 3
Understand and apply various theories and concepts, as well as current research, which influence the study of leisure behavior and the delivery of recreation services.

CTR 613 Recreation and Parks Management 3
Theories and patterns of management appropriate for leisure service delivery systems. Organizational planning, legal foundations, financial management, personnel management, and the politics of leisure service delivery systems.

CTR 615 Financing and Budgeting in Recreation and Parks 3
Examination of the financial needs and techniques utilized in recreation and parks. Emphasis on philosophy, terminology, and measurement of economies, revenue streams, and budgets.

CTR 633 Professional Issues in Recreational Therapy 3
Study of professional issues in recreational therapy including professionalism, credentialing, research, professional preparation, continuing education, health care, ethics, advocacy, legislation, marketing, and role of recreational therapy managers in addressing these issues.

CTR 634 Advanced Procedures in Recreational Therapy 3
Health care delivery service in community and medical arenas. Role of recreational therapy within that system. Administrative/managerial procedures.
Prerequisites: CTR 611 or permission of instructor.

CTR 635 Animal Assisted Therapy 3
An introduction to the theories, concepts, and techniques used in animal assisted therapy in long-term care, rehabilitation, acute care hospitals, special schools, and other settings.

CTR 637 Advanced Interventions and Facilitation Techniques in Recreational Therapy 3
Prepares students to select, plan, implement, and evaluate advanced recreational therapy interventions using various therapeutic facilitation techniques. Relevant efficacy research and theoretical foundations will be included.
Prerequisites: CTR 611 or permission of instructor.

CTR 638 Advanced Client Assessment in Recreational Therapy 3
Introduction to the theories, concepts and techniques used in client assessment for recreational therapy programs and treatment. Also addresses the administrative issues surrounding the development of an assessment plan and supervision issues surrounding the assessment process.
Prerequisites: CTR 611 or permission of instructor.

CTR 639 Advanced Clinical Procedures in Recreational Therapy 3
In this advanced clinical procedures course, students learn clinical skills related to the recreational therapy process with a focus on developing individualized treatment plans; developing clinical goals, objectives and treatment interventions; learning documentation, discharge planning, and evaluation skills.
Prerequisites: CTR 611 or permission of instructor.

CTR 644 Recreation, Parks, and Health 3
Examination of evidence regarding the impacts of recreation, parks, green space, and leisure on the health and well-being of individuals and communities.

CTR 646 Community Development 3
Historical, sociological, and contemporary investigations of the concept of "community" and how it is used for bringing together disparate networks, negotiating resource allocation, group solidarity and collaboration, and civic engagement.

CTR 695 Independent Study 3
Independent study to support graduate-level research and demonstration projects under the close supervision of a graduate faculty member in CTR.
Prerequisites: Permission of instructor.
Notes: May be repeated once for credit.

CTR 696 Directed Readings 3
Opportunity to conduct in-depth study and library work on a particular topic in recreation and parks under close supervision of a graduate faculty member in CTR.
Prerequisites: Permission of instructor.
Notes: May be repeated once for credit.
CTR 697 Internship in Recreation and Parks 3-6
A supervised field experience including a final paper.
Prerequisites: Written permission of instructor.

CTR 698 Field Project in Recreation and Parks 3-6
A supervised field project including a major literature-based paper.
Prerequisites: Written permission of instructor.

CTR 699 Thesis 1-6
Individual guidance in the development and examination of a research problem.
Prerequisites: Written permission of instructor.

CTR 801 Thesis Extension 1-3
Thesis Extension.

CTR 803 Research Extension 1-3
Research Extension.